



Hey Healthy Nurses!

These are a few of my

MY FAVORITE

Things

Bring:

- ❖ *Your favorite relaxation items – a recipe, an App, a ritual, a book, a mantra... anything that helps you on YOUR Healthy Nurse journey*
- &
- ❖ *Cuddle up in front of your screen with your favorite beverage*

February 24, 2021
7:30 PM EST
Via Zoom

Share Your Favorite
Healthy “Go-To”
at our first
Healthy Nurse
Show & Tell

