# JOIN THE VOICES FOR RECOVERY STRENGTHEN FAMILIES AND COMMUNITIES



National Recovery Month (Recovery Month) increases awareness and understanding of mental and substance use disorders and encourages individuals in need of treatment and recovery services to seek help. Recovery Month celebrates people in long-term recovery and recognizes the dedicated workers who provide the prevention, treatment, and recovery support services.

This year's *Recovery Month* theme focuses on rural and frontier communities, the criminal justice system, community-and faith-based organizations, and public health professionals and departments, highlighting the various entities that support recovery within our society. The theme, "Join the Voices for Recovery: Strengthen Families and Communities," encourages communities to be socially inclusive, offering support to those with mental and/or substance use disorders, as well as the chance to seek help, lend a hand, and contribute to their community as citizens, parents, employees, students, volunteers, and leaders.

Resources and activities for this year's *Recovery Month* observance will include:

- A toolkit for *Recovery Month* event organizers and attendees, with media templates, current data on behavioral health conditions, resources for prevention, treatment, and recovery support services, and tips for event planning and community outreach
- A national *Recovery Month* kickoff in September 2017 in Washington, D.C.
- SAMHSA-produced television and radio public service announcements

Please contact the *Recovery Month* team at RecoveryMonth@samhsa.hhs.gov for more information.

The *Recovery Month* website (<a href="https://recoverymonth.gov/">https://recoverymonth.gov/</a>) provides printable materials, web, television, audio, and social media resources to help communities plan events, educate individuals about mental and substance use disorders and to encourage individuals to seek treatment and recovery services.

- Read and share recovery stories: https://recoverymonth.gov/personal-stories
- Find and post recovery events in the community: <a href="https://recoverymonth.gov/events">https://recoverymonth.gov/events</a>
- Watch the Road to Recovery television series: <u>https://recoverymonth.gov/road-to-recovery</u>
- Download web banners and logos to promote
   Recovery Month: <a href="https://recoverymonth.gov/promote/banners-logos-flyers">https://recoverymonth.gov/promote/banners-logos-flyers</a>

# FOLLOW RECOVERY MONTH ON SOCIAL MEDIA

#### **FACEBOOK**

https://www.facebook.com/RecoveryMonth

## YOUTUBE

https://www.youtube.com/RecoveryMonth

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