2016 New Jersey State Nurses/Institute for Nursing Convention

Theme: New Jersey Nurses Embracing a Culture of Change

October 11th – October 14th, 2016

Tote Bag Sponsor: Kennedy Health System

Convention Goals:

1. Provide insight into building a framework for change that promotes excellence in Nursing practice.
2. Increase awareness of how Nursing has evolved into today’s current evidence based practice environment.
3. Explore research and evidence based practices that affect the future of patient services.
4. Identify how nurses can embrace a culture of change.

PRE-CONVENTION DAY

TUESDAY, OCTOBER 11, 2016

8:00 a.m. – 12:00 p.m. AEX Drayage Company Set-Up (Traymore B/C)
1:00 p.m. – 5:30 p.m. Exhibitor Registration and Booth Set-Up (Traymore B/C)
4:00 p.m. – 7:00 p.m. Convention Registration Open (Registration Desk A)

5:00 p.m. – 6:00 p.m. Institute for Nursing Board of Trustees Annual Meeting (Tivoli Room)

TUESDAY, OCTOBER 11, 2016

6:30 p.m. – 9:00 p.m. INSTITUTE FOR NURSING RESEARCH DINNER
(Separate Fee) (1.5 Contact Hours) (Dennis Room)
Topic: “Heeding the Call for Transformational Change: Fostering Civility, Professionalism and Ethical Practice in Nursing”
Speaker: Cynthia Clark, PhD, RN, ANEF, FAAN, Professor Emeritus, Boise State University

WEDNESDAY, OCTOBER 12, 2016

7:00 a.m. - 8:00 a.m. Exhibitor Registration and Booth Set-Up (Traymore B/C)
7:00 a.m. - 12:00 p.m. Convention Registration Open (Registration Desk A)
7:30 a.m. - 8:30 a.m. NJSNA Resolutions and Bylaws Hearing (Lincoln Room)
8:00 a.m. - 9:30 a.m. GRAND EXHIBITION HALL OPEN (Traymore B/C)

POSTER SESSION (1.5 Contact Hours) (Rotunda Area)

1. Accelerated Partial Breast Irradiation Brachytherapy: An Innovative Treatment Option for Women with Breast Cancer
   Dorothy N. Pierce, DNP, RN, APN, CBDN, CLT, Rutgers Cancer Institute of New Jersey
2. Behavioral Rapid Response: A Planned Emergent Response for Hospitalized Patients with Aggressive, Potentially Violent Behavior Where Early Attempts to De-Escalate Are Ineffective
   Linda Valenti, RN, MSN, MBA, HCA, Operational Excellence Black PI Specialist and Eileen Craig, RN, MSN, Director Risk Management, Cooper University Health Care

3. Benner’s Model: A Nursing Preceptor’s Tool for A Personalized Orientation Experience
   Briana DeCarvalho, MSN, RN, Kean University Nathan Weiss Graduate College

4. Cultivating Good Health for Farmers: Raising Awareness in the Garden State
   Molly J. Bradshaw, APN, FNP-BC, WHNP-BC, Rutgers School of Nursing

5. Empowering Veterans to Improve Lifestyle Behaviors Through Health Coaching
   Barbara Conley, MSN, BS, RN-OCN, NC-BC, RN Health Coach, Kathleen Burkhart, MSN, APN, Nurse Manager, Center for Health and Wellness, Lynn Davis, LCSW, LCADC, Health Behavior Coordinator, Weiyan Yan PhD, ABPP, Psychologist & Program Evaluation Lead, V.A. NJ Health Care System

6. Guided Imagery: Changing the Approach to Pain and Anxiety for Surgical Patients
   Theresa Reed, RN, BSN, Veterans Administration, East Orange, NJ and Molly J. Bradshaw, APN, FNP-BC, WHNP-BC, Rutgers School of Nursing

7. Health Coaching Strategy to Improve Glycemic Control in African-American Adults with Type 2 Diabetes: An Integrative Review
   Larider Ruffin, DNP, MSN, APN, RN, ANP-BC, CTTS, AtlantiCare

8. Implementation of an Oncology Nurse Navigator and a Lung Cancer Screening Program to Help Reduce Mortality
   Sandra Murray, RN, OCN, CTTS, Clinical Coordinator Thoracic, Head and Neck Cancer Program, Inspira Health Network

9. IPASS Hand-Off; A Nursing Initiative to Improve Communication
   Emily Yates, APN, PCNS-BC, Pediatric Clinical Nurse Specialist and Elaine Mustacchio, MSN, CCRN, Nurse Manager, Children’s Specialized Hospital

10. LEAN Six Sigma: Decreasing Contaminated Blood Culture Samples
    Sara Collins, RN and Shana Joshua, RN, University Medical Center of Princeton at Plainsboro

11. Practice-Industry Partnership to Implement a Novel Simulation-based Curriculum for Peripheral IV Insertion
    Keleekai Nowai, PhD, Mary Ann King, MAS, RN-BC, Laura Labrozzi, BSN, RN, CMSRN and Susan Gallucci, BSN, RN-BC, Overlook Medical Center

12. Preventing Aspirations in Tube Feedings
    Karen A. Haber, BSN, RN and Robyn Gray, BSN, RN, Star Pediatric Home Care Agency

13. Practicing Expert Nurses (PENs) Re-write Clinical Education; A Dedicated Education Unit
    Kathleen Vnenchak, MSN, RN, CNML, Wendy Silverstein, DNP, RN, ACNS, CNML, CPHQ and Olivia Petzoldt, BSN, RN-BC, Morristown Medical Center

14. Preventing the Spread of Clostridium Difficile Through Early Identification and Education in An Acute Hospital Setting
    Rhonda Coyle, MSN, RN, CCRN, Dana Rosario, BSN, RN and Victoria Pilla, RN, CMS, Virtua

15. Project Medicine Drop: Changing the Way New Jersey Disposes of Unused Medications
    Aleksandra Novik, BBA, BSN, RN and Molly Bradshaw, APN, FNP-BC, WHNP-BC, Rutgers School of Nursing

16. Registered Nurse Self-Efficacy with Evidence-Based Practice and A Nurse-Driven Telemetry Discontinuation Protocol
    Patricia D. Bowen, DNP, RN, NE-BCF, MBA, Virtua

17. Relationship Based Care – Nursing Care Model at VA: Transforming Culture into patient Centered Sources Care
    Raisa Urinstova, RN, BSN, CCRN, Clinical Care Manager and Thomas Hill, RN, BSN, Clinical Care Manager, Ambulatory Care Lyons, VA NJHCAS

18. The Relationship Between Perceptions of High Fidelity Simulation and Perceptions of Clinical Reasoning in Senior BSN Students
    Helena Correia, PhD, RNC-MNN, Felician University

19. Transitional Care Program for Hemodialysis Patients to Prevent Thirty-Day Readmission
    Rosemarie D. Rosales, DNP, MPA, RN, CCRN, CPHQ, Director of Critical Care & Infection Prevention, Stroke Coordinator, East Orange General Hospital
8:00 a.m. – 4:30 p.m. Healthy Nurse/Peace of Mind Spa (Monticello Room) 
Sponsored by Merrill Lynch

9:15 a.m. – 9:30 a.m. 514th Air Mobility Wing Honor Guard, McGuire Air Force Base (Traymore A)

9:30 a.m. – 10:45 a.m. Keynote Address (1.25 Contact Hours) (Traymore A) Topic: Change and Transformation: Two Sides of the Coin Speaker: Dr. Beverly Malone, PhD, RN FAAN CEO, National League for Nursing

10:45 a.m. – 11:15 a.m. Visit Exhibits - COFFEE WITH THE EXHIBITORS (Traymore B/C)

11:00 a.m. – 12:15 p.m. CONTINUING EDUCATION SESSIONS (1.25 Contact Hours) (Traymore A) Topic: Transfomring the Healthcare Environment to Prevent Nurse Burnout
Speaker: Mental Health Players

12:00 p.m. - 1:30 p.m. EXHIBIT HALL CLOSED (Traymore B/C)

12:00 p.m. – 1:30 p.m. POSTER SESSION CLOSED (Rotunda Area)

12:30 p.m. – 2:00 p.m. NJSNA/IFN Convention Luncheon (Separate Registration) (1.25 Contact Hours) (Dennis Room) Topic: “Why Money Matters for Nurses” Speaker: Louis G. Hutt, Jr, Esq. C.P.A.

12:45 p.m. - 2:00 p.m. REGISTRATION CLOSED (Registration Desk A)

1:30 p.m. – 4:30 p.m. EXHIBIT HALL OPENED (Traymore B/C)

2:15 p.m. – 5:15 p.m. REGISTRATION OPENED (Registration Desk A)

2:15 p.m. – 3:15 p.m. NJSNA Opening Business Meeting (1.0 Contact Hour) (Traymore A)

3:15 p.m. – 4:15 p.m. ROCK-N-ROLLIN’ WITH EXHIBITORS (Traymore B/C)

4:30 p.m. - 5:30 p.m. CONTINUING EDUCATION SESSIONS (1.0 Contact Hour)

A1 – TOPIC: Bullying in Healthcare: The Dark Side of the Profession (Lincoln Room) SPEAKERS: Benjamin Evans, DD, DNP, RN, APN, Institute for Nursing President, Felician University and Brenda Marshall, DNP, RN, William Paterson University

Bullying also known as lateral violence impacts both the professional and workplace environment, causing low morale, attrition and even leaving the profession. This presentation will look at concepts related to bullying in healthcare, discuss instances of bullying and review options and strategies for dealing with bullying in health care settings.

A2 – TOPIC: Tobacco Use Disorders: A Chronic Disease That Should be Addressed (Central Room) SPEAKER: Larider Ruffin, DNP, MSN, APN, RN, ANP-BC, CTTS, AtlantiCare

Recognition of high nicotine dependence and the need for aggressive interventions are pivotal in reducing morbidity and mortality while reducing socioeconomic burdens. This presentation will provide insights on best practices that nurses may use in the care of patients with Tobacco Use Disorder.
A3 – TOPIC: **Adverse Childhood Experiences (ACE): Truth and Consequences for Adult Health** (Fairmount Room)

SPEAKER: Patti Lucarelli, RN-BC, MSN, CPNP, APN, PMHS, Jersey Shore University Medical Center

The ACE study provided data linking childhood maltreatment, neglect and household dysfunction to adult health risk and diseases. This presentation will provide an overview of the ACE study and the impact of ACEs on human health from birth through adulthood cover toxic stress in childhood and the role of resiliency as a protective factor.

6:00 p.m. – 9:00 p.m. **President’s Farewell Reception** (Diamond Club)
“Gracefully Passing the Gavel…Our President’s Journey”

THURSDAY, OCTOBER 13, 2016

7:00 a.m. - 12:00 p.m. Registration Open *(Registration Desk A)*

8:00 a.m. - 9:15 a.m. **MORNING CONTINUING EDUCATION SESSION** (1.25 Contact Hours)

B1 – TOPIC: **Congress on Policy and Practice Explains Legislation Affecting Nursing Practice** (Lincoln Room)

SPEAKERS: Cindy Sonzogni, MSN, RN, NE-BC, Nurse Manager, Post-Acute Services, Villa Marie Clare Hospice, Holy Name Hospital Medical Center, Jacqualyn Owens, DNP, RN, APN, Assistant Professor, West Chester University and Congress on Policy and Practice Members

Nurses can promote practice changes by staying informed of legislative bills that have the potential to change nursing practice. This presentation will discuss three active bills in the legislative process and their implications on nursing practice.

B2 - TOPIC: **Out with the Old In with the New: It is the Dedicated Educational Unit (DEU)** (Central Room)

SPEAKERS: Sandra Foley, MSN, RN, Region I President-Elect, William Paterson University Nursing Faculty and Merrill Schuetz, MS, RN-BC, St. Joseph’s Regional Medical Center

The IOM reports 80% of RNs to BSN by 2020 with insufficient faculty to teach. This presentation will define the DEU model and the role it will play in addressing the faculty and nursing shortage. The DEU uniqueness is due to its structure to utilize the nursing staff as the clinical instructor.

B3 – TOPIC: **Teamwork and Collaboration: Developing Skills that Advance Evidence-based Practice (EBP) to Improve Quality and Safety in Patient Care** (Fairmount Room)

SPEAKER: Gerry Altmiller, EdD, APRN, ACNS-BC, The College of New Jersey

As nurses develop in their practice roles, it is expected that they will participate in evidence-based practice and eventually lead projects that improve patient care. This presentation will engage the learner to reflect on values that drive improvement and recognize the role of evidence-based practice in improving patient care. Strategies to make the process of EBP easy to understand and do will be demonstrated.

8:00 a.m. – 10:00 a.m. **MORNING COFFEE AND REFRESHMENTS** (Garden Room)
8:00 a.m. – 2:00 p.m.  Healthy Nurse/Peace of Mind Spa (Monticello Room)
Sponsored by Merrill Lynch

9:30 a.m. - 10:30 a.m.  MORNING CONTINUING EDUCATION SESSION (1.0 Contact Hours)

C1 - TOPIC:  The Institute for Medicine (IOM) Report: What’s in It for Me? (Lincoln Room)
SPEAKERS:  Barbara Blozen, EdD, MA, RN-BC, CNL, Associate Professor, Nursing and Dr. Mary Fortier, New Jersey City University

Nurses make up the largest segment of the health care profession. Implications for nurses’ roles are significant. The shift from delivering care in the community, including retail clinics, and patient homes, has important implications for how and where nurses receive clinical training. Nursing in the new health care landscape and the implications for nursing will be discussed.

C2 – TOPIC:  COPD: An Update on Practice Changes for RNs and APNs (Central Room)
SPEAKER:  Molly J. Bradshaw, APN, DNP, FNP-BC, WHNP-BC, Rutgers School of Nursing

A clinical review of the 2014 Global Obstructive Lung Disease (GOLD) guidelines and key revisions will be provided. The COPD Action Plan will be introduced as well as the new idea of Asthma-COPD Overlap Syndrome. The audience will be empowered to incorporate key guideline changes into their clinical practice.

C3 - TOPIC:  Integrating Substance Abuse Screening and Brief Intervention (SBIRT) into Nursing Practice and Education (Fairmount Room)
SPEAKER:  Julie Fitzgerald, Ramapo College of New Jersey

It is estimated that about 30 percent of US adults experience a mental health or substance abuse disorder in a year and many struggle with both. Few nurses are taught to screen for substance abuse or use motivational interviewing to discuss change. This presentation will prove nurses with the skills to integrate SBIRT into practice.

10:45 a.m. – 11:45 a.m.  CONTINUING EDUCATION SESSION (1.0 Contact Hour) (Traymore A)
Topic: Healthcare Hotspotting: Innovative Approaches to Caring for Patients Experiencing Super-Utilization
Speaker:  Jeffrey Brenner, MD
Founder and Executive Director, Camden Coalition of Healthcare Providers

11:45 a.m. – 1:00 p.m.  LUNCH ON YOUR OWN

11:45 a.m. - 1:00 p.m.  REGISTRATION CLOSED (Registration Desk A)

1:15 p.m. – 2:15 p.m.  CONTINUING EDUCATION SESSION (1.0 Contact Hour)

D1 - TOPIC:  Using a Fall Prevention Bundle to Change the Culture of Patient Safety (Lincoln Room)
SPEAKERS:  Rhonda Coyle, MSN, RN, CCRN and Amanda Mazaleski, MSN, RN, CNL. Virtua

This presentation will identify patients who are at risk for falling and how to transform the culture and attitudes surrounding patient falls by engaging all staff and bundling best practice initiatives for fall prevention.

D2 – TOPIC:  Best Practice in APN Education for Domestic Violence Screening: Expectations and opportunity for Change (Central Room)
SPEAKER:  Beth Knox, DNP, APN, AOCN, Patricia K. Hindin, PhD, CNM, CLC, Molly Bradshaw, DNP, FNP-BC, WHNP-BC, Rutgers
Intimate partner violence (IPV) in women causes health disparities that may lead to death as a result of injuries from abusive acts of violence. Screening for IPV in women of childbearing age by health care providers including nurse practitioners is recommended by national guidelines and federal and state laws.

D3 – TOPIC: The Use of Social Media to Promote Professionalism and Promote Nursing Practice (Fairmount Room)

SPEAKERS: Donna Reinbeck, MSN, OCN, NEA-BC, Nursing Faculty, MSN Coordinator, Kean University, Jaclyn Antonacci, MA, Social Media Coordinator, William Paterson University

While many nurses are using social media and digital networking for personal enjoyment, these platforms provide limitless potential to enhance the nursing profession. Social media continues to change the way people communicate. As we begin to educate and employ a new generation of nurses, it is important to embrace these changes and look to incorporate social media into our professional nursing practice.

2:00 p.m. POSTER SESSION BREAKDOWN (Rotunda Area)

2:30 p.m. – 3:45 p.m. HEALTH CARE PLENARY SESSION (1.25 Contact Hours) (Traymore A)

Topic: Trends in Healthcare on the National Level
Speaker: Dr. Ernest Grant, PhD, RN, FAAN, Vice President, American Nurses Association

4:00 p.m. – 7:00 p.m. NJSNA VOTING BUSINESS MEETING (1.0 Contact Hour) (Traymore A)

POST-CONVENTION DAY

FRIDAY, OCTOBER 14, 2016

8:00 a.m. – 2:00 p.m. Basic to Basics and Beyond: Annual CE Update (Bleinheim Room)
(Separate Registration Required)
Hosted by: Institute for Nursing Provider Unit and NJSNA Committee on Continuing Education

The Institute for Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation – P100-7/2018

Planners, content experts and speakers have declared no conflict of interest.
There is no commercial support for this activity.

To successfully earn a contact hour certificate, participants must stay for the entire program. Evaluations must be completed on-line at www.njsna.org. Certificates will be disbursed electronically.

Speakers and educational programs are subject to change; please refer to the NJSNA website for the most up to date information.